



GOVERNMENT AYURVEDA MEDICAL COLLEGE

BENGALURU-09

MINISTRY OF AYUSH, GOVERNMENT OF INDIA

in association with

NATIONAL COMMISSION FOR INDIAN SYSTEM OF MEDICINE



Department of Swasthavritta and Yoga

*Cordially Welcomes You All
For Virtual Programme*

**"AZADI KA AMRIT MAHOTSAVA"
" 75 TH INDEPENDENCE DAY CELEBRATION
PROGRAMME FOR 75 WEEKS "**



*On occasion of
Makara Sankranti
Festival*

PRACTICE OF

इस्रुयुषु ननुलडुकर

**SURYA NAMASKARA FOR VITALITY
जीवनी शक्ति के लिए सूर्य नमस्कार**

DATE: 14-01-2022 TIME: 6:45AM



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Surya Namaskar Institute Registration Total : 706	Surya Namaskar Individual Registration Total : 39935
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